

## HOW TO MAKE A FACE MASK-using elastic. SEE BACK FOR FABRIC TIE ALTERNATIVES

- Each mask needs 2 layers of cotton fabric (1 each: flannel, t-shirt scraps, or cotton, or 2 layers cotton)
- IF you have it, rope elastic or 1/8" flat elastic (beading cord elastic will work)  
Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends of flat elastic)
- **Fabric Ties are the best option as elastic is hard to obtain, as of March 21, 2020**

You can make 2 sizes: Adult (cut fabric 9" X 6") and Child (7.5" X 5")

1. Put right sides of fabric together.
2. Starting at the center of top edge, sew to the first corner stop. Place the elastic between the layers and sew the elastic with the knot out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of that same elastic to the corner and sew a few stitches forward and back.
4. Now sew across the bottom edge to the next corner. Again, put an elastic with the knot out.
5. Sew to the next corner and sew in the other end of the same elastic.
6. Sew across the top edge leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction. You may only get 2 tucks on a Child's mask.
8. Sew around the edge of the mask twice, closing the opening on the first round.



Other links of use:

There are many links on the internet, these are 2 we like.

[https://youtu.be/X\\_-R8Ox3Spw](https://youtu.be/X_-R8Ox3Spw) Jenny Doan., Missouri Star Quilts. She makes hers with straps top and bottom, our adaptation (see back) makes them on the side.

<https://youtu.be/ueWkAuY3k6Y> Turban Project, Mask (using elastic, but you can make the adaptation to 4, fabric ties easily